

Jamie Marich-Merkin, Ph.D., LPCC-S, LICDC

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### EDUCATION

- Ph.D. in Human Services (Specialization in Counseling Studies)** 2009  
Dissertation- *EMDR in the Addiction Continuing Care Process:  
A Phenomenological Study of Women Treated in Early Recovery*  
Capella University, Minneapolis, MN
- M.A. in Counseling** 2005  
The Franciscan University of Steubenville, Steubenville, OH
- B.A. in History and American Studies, *summa cum laude*** 2000  
Youngstown State University, Youngstown, OH
- Diploma**, the University of Zagreb Summer Language Institute 1998  
Zagreb, Croatia

### SPECIALIZED TRAINING

- Eye Movement Desensitization and Reprocessing (EMDR) Therapy Levels I & II**  
EMDR Institute, Inc., Watsonville, CA Completed 12/3/2006
- EMDR Certified Therapist & Approved Consultant**  
Credentialed through the EMDR International Association, Austin, TX Expires 9/2011
- Introductory Disaster Thanatology Certificate**  
Thanatological Education and Resource Center, Millington, MD 2/28/09
- Certified Rational Living Hypnotherapist**  
Institute for Rational Living, Weirton, WV 7/15/09

### COUNSELING EXPERIENCE & INTERNSHIPS

- Professional Clinical Counselor (Independent Licensure)** 2008-
- Staff Counselor at PsyCare, Inc. (Liberty, OH): Individual treatment and diagnosis of mental and emotional disorders, primarily specializing in the treatment of posttraumatic stress disorder, addictions, and spiritual issues
  - Services listed with Mytherapynet.com for online counseling

**Counselor (Full-time)** 2005-2008  
Community Solutions Association, Warren, OH

- Developed and implemented two new treatment programs: Illness Management and Recovery Group for dual diagnosis clients and a 12-step Facilitation Program for clients referred by external sources
- Supervising/mentoring certified chemical dependency counselors and counselor assistants preparing for oral licensure examinations; developed and implemented an original study method
- Introduced EMDR as a treatment modality to the agency in 2006; have conducted over 150 sessions of the specialized treatment with clients in this inner-city, community-based setting

**Primary Care Counselor (Full-time)** March-December 2005  
Glenbeigh Hospital of Rock Creek, Rock Creek, OH

**Intern/ Chemical Dependency Counselor Assistant** August-September 2004  
Neil Kennedy Recovery Clinic, Youngstown, OH

**Intern/ Behavioral Counseling Technician** January-August 2004  
Belmont Pines Hospital, Liberty, OH

- Developed a feelings group using music as a medium of expression with residential adolescents; directed two summer concerts performed by residents
- Experience implementing various behavioral modification techniques

## TEACHING AND COACHING EXPERIENCE

**Contributing Faculty Member** 2010-  
Walden University (Online) Master's in Mental Health Counseling Program; Minneapolis, MN

- Course taught: *Interviewing & Observational Strategies*(3)
- Course taught: *Substance Abuse Counseling* (2)
- Course taught: *Introduction to Mental Health Counseling* (5)

**Professional Course Developer & Speaker (Continuing Education)** 2008-  
PESI, Inc.; Eau Claire, WI

- Course: *Demystifying EMDR* (5)
- Course: *Trained in EMDR...Now What?* (1)

CMI Educational Institute; Buffalo, NY/Eau Claire, WI

- Course: *Is There Really Such a Thing as Sex Addiction?* (3)
- Course: *Trauma & Addiction Interaction* (16)

<b>Independent Adjunct Instructor</b>	2008-
Argosy University (EDMC); Pittsburgh, PA	
Course taught: <i>Interpersonal Effectiveness</i> (22)	
Ottawa University; Chandler, AZ	
Course taught: <i>Introduction to Human Services</i> (5)	
Course taught: <i>Social Policy &amp; the Community</i> (5)	
Courses developed & taught: <i>Theories &amp; Techniques of Human Services I</i> (1)	
Courses developed & taught: <i>Theories &amp; Techniques of Human Services II</i> (1)	
Axia College (University of Phoenix); Phoenix, AZ	
Course taught: <i>Cultural Diversity</i> (4)	
University of the Rockies; San Diego, CA	
Course taught: <i>Mental Health in the Workplace</i> - Master's/Doctoral level (5)	
Course taught: <i>Family Systems</i> - Master's/Doctoral level (3)	
Project team member: <i>Faculty Assessment Data</i> - Fall 2009, Spring 2010	
Southern New Hampshire University; Manchester, NH	
Course developed & taught: <i>Counseling Process &amp; Techniques</i> (2)	
Course developed & taught: <i>Human Sexuality</i> (4)	
<b>Assistant Speech Coach</b>	2008-
Howland High School; Howland, OH	
<ul style="list-style-type: none"> <li>• Coached 4 state finalists and 3 national qualifiers in the 2009-2010 season</li> <li>• Coached 2 state finalists in 2009/Members of 2009 State Championship Team</li> </ul>	
<b>Speech and Debate Head Coach</b>	2003-2006
Chaney High School, Youngstown, OH	
<ul style="list-style-type: none"> <li>• Coached 2 state finalists and a national qualifier in 2006</li> <li>• Coached a state champion, state runner-up, and national qualifier in 2005</li> <li>• Coached a state finalist in 2004</li> </ul>	
<b>Substitute Teacher</b>	2003-2005
Youngstown City School District, Youngstown, OH	
<b>Humanitarian Worker</b>	2001-2003
St. James Parish, Medjugorje, Bosnia-Hercegovina	
<ul style="list-style-type: none"> <li>• Taught English language, music, and basic computer skills at Mother's Village, a foster home operated by the parish</li> <li>• Developed, implemented, and instructed a course in Croatian language for non-native speakers</li> <li>• Text edited and translated print items and live events for the parish</li> </ul>	

- Directed English language liturgical music for the pilgrim shrine at St. James

**Speech and Debate Coach**

1998-2000

John F. Kennedy Catholic High School, Warren, OH

- Coached a national qualifier in 2000 as head coach; three students who experienced formation on this team went on to qualify to nationals in 2001, 2002, & 2003

**Speech and Debate Assistant Coach**

1997-1998

Woodrow Wilson High School, Youngstown, OH

**TEACHING PHILOSOPHY**

My goal is to enlighten the content of each syllabus with the experience that I have acquired and continue to acquire by working in the Counseling and Human Services field. My instructional style encompasses three major characteristics: (a) I am a student-centered instructor, helping each student reach his/her individualized goals for learning, (b) I carry the scholar-practitioner model of my training into my instructional style, and (c) I embrace a multidisciplinary approach in my instructional style.

**TRAININGS FOR HUMAN SERVICES PROFESSIONALS**

Courses Authored and (Times Presented):

*EMDR in the Clinical Setting* (10)

*Demystifying EMDR* (6)

*EMDR as a Referral Option* (1)

*Using EMDR with Children* (1)

*Recovery Literature in the Clinical Setting: A Crash Course for Addiction Professionals* (3)

*Identifying Trauma in Older Adults* (1)

*Is There Really Such a Thing as Sex Addiction?* (6)

*Self-Care for Professionals* (2)

*Trauma 101* (1)

*Assessing Older Adults for Substance Use Disorders* (1)

*Crisis Management Skills* (3)

*Trauma and Addiction Interaction* (10)

*The Best Practices for Supporting Your Child Athlete* (1)

*The Mental Edge to Improved Skating Practice and Performance* (3)

*Using EMDR to Complement Traditional Addiction Treatment* (Distance Format Course)

Future Bookings:

*Trauma & Addiction Interaction* (16)

## CONFERENCE PRESENTATIONS

### International-National

"Using EMDR as a Complement to 12-Step Recovery," workshop presentation, EMDR International Association Annual Meeting, Minneapolis, MN, October 4, 2010

"Using EMDR to Overcome Roadblocks in Addiction Recovery: Clinical Applications Based on Phenomenological Inquiry," workshop presentation, EMDR Canada Annual Conference, Toronto, Ontario, Canada, May 1, 2010

"Musical Interweaves in EMDR Treatment," workshop presentation, EMDR Canada Annual Conference, Toronto, Ontario, Canada, May 1, 2010

"Using EMDR-Related Techniques in Crisis Intervention," workshop presentation, Argosy University Sarasota's Annual Symposium on Traumatic Stress, Sarasota, FL, February 2010

"Using EMDR to Overcome Roadblocks in Addiction Recovery: Insights from Phenomenological Inquiry," workshop session, EMDR International Association Annual Conference, Atlanta, GA, August 27-29, 2009

"What Makes a Good EMDR Therapist?: Insights from Client-Centered Inquiry," poster session, EMDR International Association Annual Conference, Atlanta, GA, August 27-29, 2009

"Using EMDR to Treat Co-Occurring Traumatic Stress and Substance Use Disorders," workshop session, Argosy University Sarasota's Annual Symposium on Traumatic Stress, Sarasota, FL, February 26-28, 2009

"Eye Movement Desensitization and Reprocessing (EMDR) in the Addiction Continuing Care Process: Case Study of a Cross-Addicted Female's Treatment and Initial Recovery Experience," poster session, September 12-14, 2008, EMDR International Association Annual Conference, Phoenix, AZ- **First Place Winner, Outstanding Research Poster**

"Perceptions of EMDR in the Clinical Setting: Case Study of a Northeastern Ohio Agency," poster session, September 28-30, 2007, EMDR International Association Annual Conference, Dallas, TX

"Race Relations on the Silver Screen: An Examination of the Historical Roles of African Americans on Film, Phase II," paper session, National Conference of the American Sociological Association in San Francisco, CA, August 1998

"A Generic Advantage?" Presented at the International Science and Engineering Fair in Tucson, AZ, May 1996

## State

"Using EMDR to Overcome Roadblocks in Addiction Recovery: Insights from Phenomenological Inquiry," workshop session at the All Ohio Counselors Conference, November 5, 2009, Columbus, OH

"EMDR: An Emerging Approach in the Treatment of Co-Occurring Addiction and Traumatic Stress," workshop session at the Bridging the Gap to Recovery Services Conference, September 14, 2009, Cleveland, OH

"EMDR: An Emerging Approach in the Treatment of Co-Occurring Addiction and Traumatic Stress," workshop session, Addiction Studies Institute, August 20, 2009, Columbus, OH

"EMDR in the Clinical Setting: Assessing Appropriateness for Referral or Collaboration," workshop session, All Ohio Counselors Conference, November 5-7, 2008, Columbus, OH

"Efficacy and Effectiveness of Non-Steroidal Anti-Inflammatory Drugs: An Examination of Modern Trends in United States Figure Skaters." Presented at the Ohio Science and Humanities Symposium in Toledo, OH, April 1997

## Local

"Trauma and Addiction," workshop session at the Mahoning County Alcohol and Drug Addiction Services Board Drug Regional Summit, Youngstown, OH, November 13, 2009

"Is There Really Such a Thing as Sex Addiction?," workshop session, Mahoning County Alcohol and Drug Addiction Services Board Drug Summit, Youngstown, OH, November 21, 2008

"The Immigrant Experience of Croatians in the Mahoning Valley," lecture, presented at the monthly meeting of the Ohio Cultural Alliance, Youngstown, OH, December 6, 2004

"Nellie and Patsy in America: A Theatrical Exploration of Women in Baseball." Presented at QUEST '99 Conference at Youngstown State University, April 1999- **Winner of the 1999 Dean's Quest Award for Outstanding Research in the Arts & Sciences**

"Race Relations on the Silver Screen: An Examination of the Historical Roles of African Americans on Film, Phase I." Presented at QUEST '98 Conference at Youngstown State University, April 1998- **Winner of the 1998 Dean's Quest Award for Outstanding Research in the Arts & Sciences**

## PUBLICATIONS

### Books

Marich, J. (in press). *The four faces of EMDR: Simple solutions for complex clients*. Eau Claire, WI: Premier Education Solutions.

Marich, J. (2010). *EMDR in addiction continuing care: A phenomenological study of women treated in early recovery*. Saarbrücken, Germany: VDM Verlag.

### **Scholarly Articles**

Marich, J. (2010). EMDR in addiction continuing care: A phenomenological study of women in recovery. *Psychology of Addictive Behaviors*, 24(3), 498-507.

Marich, J. (2010). Review of *I Love a Man in Uniform*. *Journal of EMDR Practice and Research*, 4(2), 93.

Marich, J. (2009). EMDR in the addiction continuing care process: Case study of a cross-addicted female's treatment and recovery experience. *Journal of EMDR Practice and Research*, 3(2). 98-106.

Marich, J. (2009, April 30). Perceptions of EMDR Amongst Practicing Clinicians. *Ohio Journal of Professional Counseling*. Retrieved from <http://www.ohiocounseling.org/journalofprofessional.htm>

### **Clinical Articles**

Marich, J. (in press). *Is there really such a thing as sex addiction?* (Continuing Education Full-Length Article) Sacramento, CA: CME Resource.

Marich, J. (2010). Wound care 101: Conceptualizing trauma. *The American Academy of Bereavement Newsletter for Grief and Bereavement Professionals*, Summer 2010.

Marich, J. (2010). *Self-care for the professional*. (Continuing Education Full-Length Article) Sacramento, CA: CME Resource.

Marich, J. (2009). Clinically significant trauma: Insights from the adaptive information processing model on grief and loss. *The American Academy of Bereavement Newsletter for Grief and Bereavement Professionals*, Summer 2009.

Marich, J. (2009). When the pink cloud passes: Using EMDR in addiction treatment. *Recoveryview.com Online Journal*, 2(3). Retrieved from <http://recoveryview.com/2009/06/when-the-pink-cloud-passes-using-emdr-in-addiction-treatment/>

Marich, J. (2009). Focus on: Interfaith marriages. *Guidelines: Ohio Counseling Association*, 35(2), 13-14.

Marich, J. (2007). "Being a Professional Emissary for EMDR in the Agency Setting."  
Published in: Public Practice Section- Useful Tools for Practitioners in an Agency  
Setting. *EMDR International Association Official Website*. Available at:  
[http://www.emdria.org/ displaycommon. cfm?an=1&subarticlenbr=530](http://www.emdria.org/displaycommon.cfm?an=1&subarticlenbr=530)

## ADVOCACY & COMMUNITY ACTIVITIES

Host, *Recovery Matters* talk radio program, VoiceAmerica Radio Network Health & Wellness  
Channel ([www.voiceamerica.com](http://www.voiceamerica.com)), November 2010-

Peer reviewer, *Journal of EMDR Practice and Research*, 2009-2010

Follow-Up Consultant, EMDR Basic Training Workshops, offered through EMDR  
Humanitarian Assistance Programs: 20 volunteer groups offered to date

EMDRIA Regional Coordinator, Northeast Ohio, 2008-2009

Keynote Speaker, 2008 Sojourner House (Domestic Violence Shelter) Memorial Vigil

Logistics Coordinator, EMDR Basic Training Workshops, offered through EMDR Humanitarian  
Assistance Programs at Youngstown State University for local, non-profit clinicians: May 13-15,  
2008; August 18-20, 2008; May 13-15, 2009; November 11-13, 2009  
Capella University Ambassador, 2007-present

Challenge Master, Destination Imagination (gifted youth program) Region 1, 2008 Regional  
Tournament

## LICENSURE

**Professional Clinical Counselor** (License #E.05000149-SUPV)  
State of Ohio

Expires 1/18/2012

**Licensed Independent Chemical Dependency Counselor** (License #061001)  
State of Ohio

Expires 6/13/2010

## PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

Eye Movement Desensitization and Reprocessing International Association (EMDRIA),  
2007-present

- Current professional level member
- EMDR Certified Therapist & Approved Consultant

American Academy of Experts in Traumatic Stress, 2008-

The American Counseling Association (ACA), 2005-2006; 2008-2010

The Ohio Counseling Association, 2008-2010

The National Forensic League, 1995-2006  
 The United States Figure Skating Association (USFSA), 1992-2000; 2010-  
 The University Scholars and Honors Program, 1997-2000  
 The Clarence P. Gould Society (equivalent of Phi Beta Kappa), inducted 1998  
 Phi Kappa Phi Honor Society, inducted 1998  
 Golden Key International Honor Society, inducted 1998  
 Phi Alpha Theta National History Honor Society, inducted 1998  
 The American Sociological Association, 1997-1998  
 The Ohio Academy of Science, 1995-1997  
 The Croatian Fraternal Union of America, 1979-present

### **RESEARCH AWARDS**

Outstanding Research Poster (1<sup>st</sup> Place Winner), EMDR International Association  
 Annual Conference; Phoenix, AZ, September 2008

Dean's Quest Award for Outstanding Student Research in the Arts & Sciences,  
 Youngstown State University, 1999

Dean's Quest Award for Outstanding Student Research in the Arts & Sciences,  
 Youngstown State University, 1998

### **VOLUNTEER EXPERIENCE**

CareNet Pregnancy Center	2003-2004
<ul style="list-style-type: none"> <li>• Received CareNet's basic peer counselor training certification, July 2003</li> </ul>	
Various organizations in Bosnia-Herzegovina	2000-2003
<ul style="list-style-type: none"> <li>• St. James Parish, Voluntary Optometric Services for Humanity, Listen4Life, Miracles</li> </ul>	
The English Center, Youngstown, OH	1997-1998
<ul style="list-style-type: none"> <li>• Instructed basic English as a volunteer project</li> </ul>	
North Junior High School Gifted and Talented Program, Youngstown, OH	1997-1998
<ul style="list-style-type: none"> <li>• Prepared eleven students for local and state history competitions</li> </ul>	

### **TECHNICAL & ARTISTIC SKILLS**

- computer skills (MS Office programs and basic web design)
- language experience (functional use of Croatian/Bosnian/Serbian languages in all media, rudimentary use of Spanish, Italian, and German)
- musical composition (composed over 50 songs) and freelance performance; website at [www.sonicbids.com/jamiemarich](http://www.sonicbids.com/jamiemarich)
- musical performance (guitar/violin/mandolin/Croatian folk instruments/vocal)
- liturgical music facilitator/cantor/song leader
- theater and performance (involvement with a variety of performing arts media since age 3, from Croatian folk ensemble, to full-scaled theatrical production; experience with directing, writing, producing, and composing)

**REFERENCES AVAILABLE UPON REQUEST**